Executive Committee 25th October 2022 Recommendation from the Overview and Scrutiny Committee meeting held on 20th October 2022

Item 6: Leisure Strategy

RECOMMENDED

O&S to advise the executive on Social Prescribing as there is no mention in the strategy of the Council working with the NHS, CCG and Rubicon. Others Councils (e.g. Cannock Chase) have such arrangements where patients who have recently been discharged from hospital with e.g. Stroke/ Heart Conditions can greatly benefit from gentle exercise. I think this strategy has missed an opportunity and I ask executive to consider including such a strategy. The benefits are many to individuals and the costs are low to the NHS.